

Promoting wellness –  
preventing new infections.

We specialise in HIV Management. We will help you make sense of the disease.

We guarantee:

- ✓ A nationwide network, so we can find you a doctor close to where you live or work.
- ✓ The best advice and supervision from top HIV specialists.
- ✓ Absolute confidentiality from all people involved.
- ✓ Personal attention and care from trained consultants at our care centre.
- ✓ Ongoing support for you and your family.

CareWorks is expanding throughout Sub-Saharan Africa. Phone our toll free Call Centre to see whether we offer these services in your country!



If you are unsure of anything relating to your HIV care, please contact our toll free Call Centre during office hours:

**0800 212 768**

Toll Free Call Centre: 0800 212 768



31 de Korte Street Tel: 011 703 7000  
Braamfontein 2017 Fax: 011 403 1555  
GAUTENG Web: [www.nbcrfi.org.za](http://www.nbcrfi.org.za)



Super Group Park, c/o Barbara Tel: 011 387 3424  
& Brollo Rd, Elandsfontein Fax: 011 387 3249 / 086 693 3997  
ISANDO E-mail: [info@truckingwellness.co.za](mailto:info@truckingwellness.co.za)  
PO Box 1188 Boksburg 1459 Web: [www.truckingwellness.co.za](http://www.truckingwellness.co.za)



10 Mill Street Tel: 021 673 5300  
Newlands 7700 Fax: 021 413 1064  
CAPE TOWN E-mail: [info@careworks.co.za](mailto:info@careworks.co.za)  
PO Box 44991 Claremont 7735 Web: [www.careworks.co.za](http://www.careworks.co.za)



## Wellness and ARVs



Promoting wellness –  
preventing new infections.



## What are the benefits with registering on the NBCRFLI-CareWorks HIV Treatment Programme?

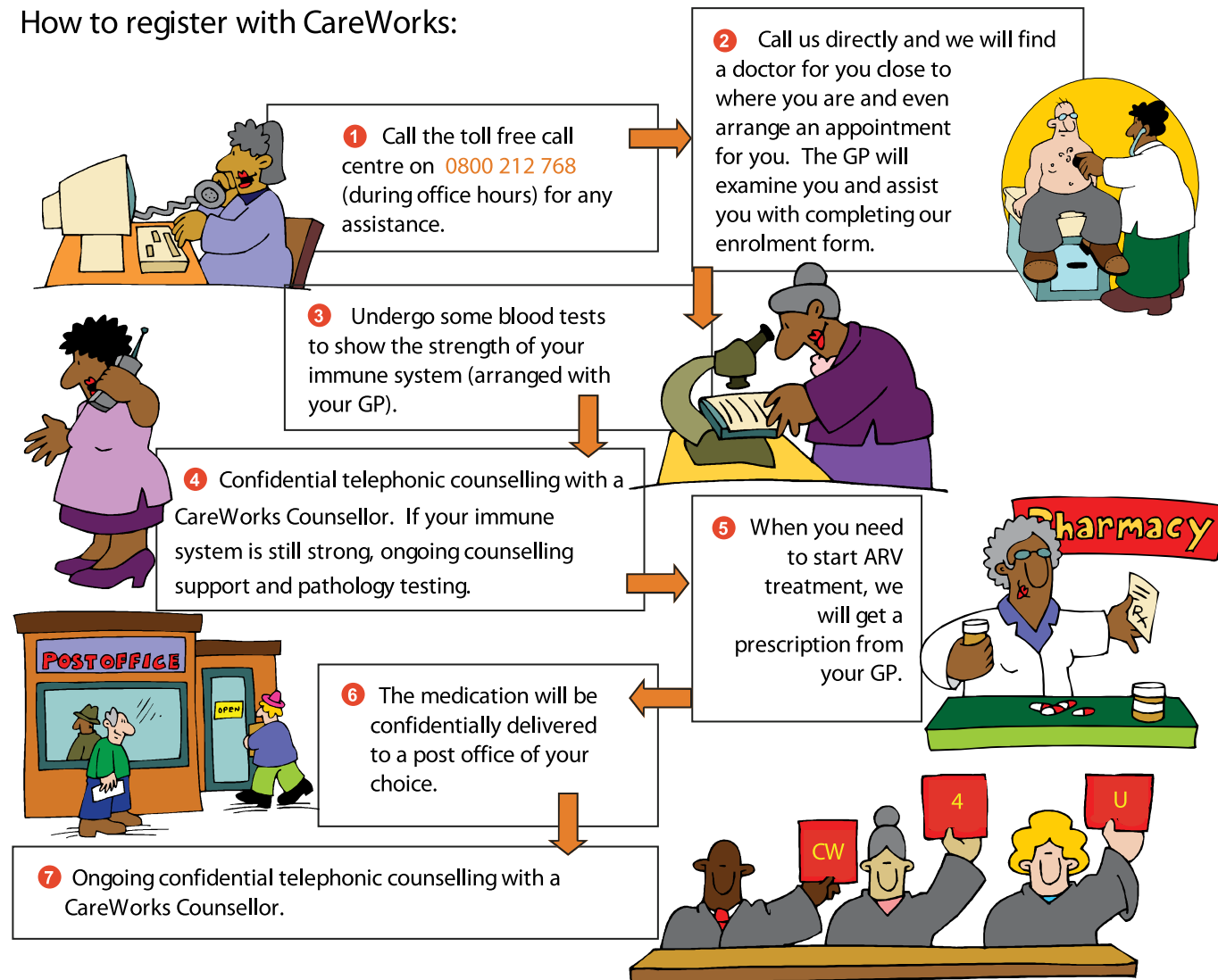
As soon as you know you are HIV positive, it is important that you register with the NBCRFLI-CareWorks HIV Treatment Programme.

The next most important thing to know is the “fighting strength” of your body. We call this your “level of immunity”. A blood test is necessary to measure the CD4 count. Measuring the CD4 count every 6 months will help you know how long it will be before you need to start ARVs.

### BENEFITS TO YOU:

- ✓ There is **NO EXTRA COST** to you.
- ✓ Your HIV status and all your information is kept strictly **CONFIDENTIAL**.
- ✓ All your visits to your doctor and blood tests, related to the disease, are **PAID FOR**.
- ✓ The cost of your medication for the disease is **PAID FOR**.
- ✓ We assist you with accessing and **DELIVERY** of your medication.
- ✓ We have a panel of HIV specialists who will ensure you receive the most **EFFECTIVE** treatment.
- ✓ Our experienced **COUNSELLORS** will support and educate you and your family about HIV.
- ✓ We refer other **RELATED DISEASES**, e.g. TB, STIs, etc., for appropriate treatment.
- ✓ We monitor and treat you during **PREGNANCY** to reduce the risk of your baby being born HIV positive.
- ✓ We will help you access emergency preventative ARV treatment in cases of accidental exposure through rape, accident or assault; called Post Exposure Prophylaxis (PEP).

## How to register with CareWorks:



Our CareWorks counsellors are here to help you – they will contact you regularly and help you each step of the way. Or feel free to contact them on 0800 212 768.