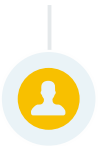




The NBCRFLI HIV Treatment and chronic disease management programme, proudly administered by Affinity Health

Affinity Health, on behalf of the NBCRFLI, is proud to be providing the very best in HIV treatment and chronic disease management for the NBCRFLI Wellness Plan members.



If you are already registered on the NBCRFLI HIV Treatment programme, you do not have to register again



Members will enjoy complete confidentiality



The case managers will help you with any questions you have about medicine, diet or your health in general so that you are able to live the healthiest life possible



If you are pregnant, the case manager will monitor you during your pregnancy and after the baby is born to ensure you are both healthy



Contact your dedicated case manager, nurse and/or doctor (by telephone, Please Call Me or e-mail) using:

 **0861 00 11 31**

 **Please Call Me 079 409 1834**

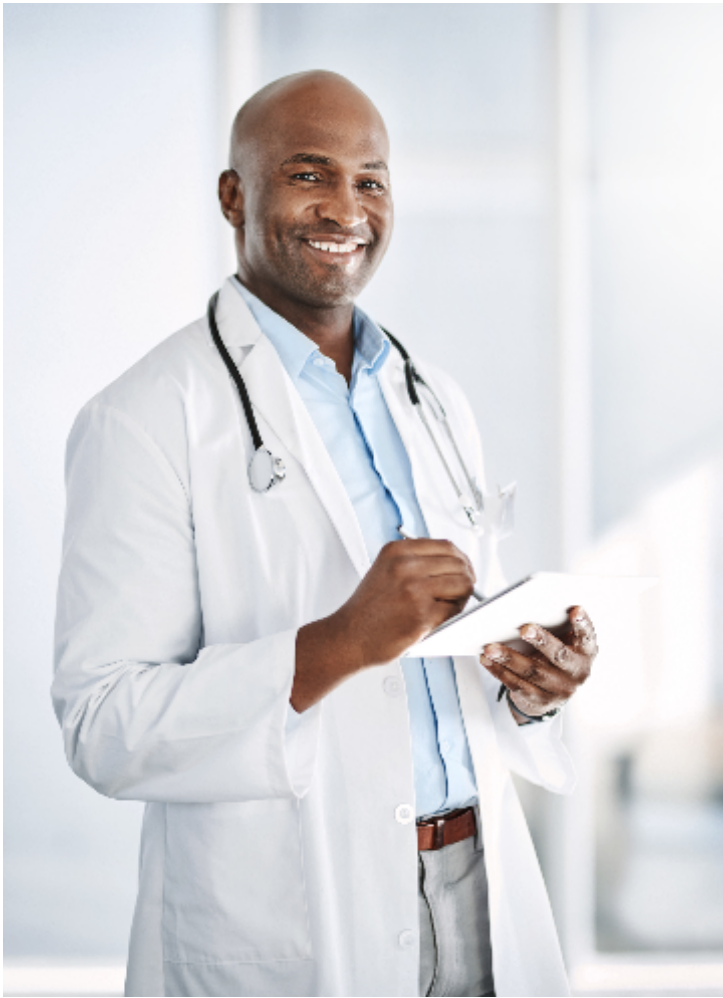
 **info@nbcfrlihealth.co.za**



You and your immediate family will receive emotional support in the form of counselling



A team of specialist doctors who are experts in chronic disease management will ensure you receive the best possible treatment plan



How to register on the NBCRFLI HIV Treatment Programme:



Step 1

Contact our call centre on 0861 00 11 31 or send a Please Call Me 079 409 1834 (weekdays from 8:00 to 16:30)



Step 2

Visit an Affinity Health network GP for a consultation and all necessary tests



Step 3

Complete the Affinity Health Chronic Medication Application Form with your Affinity Health network GP



Step 4

Fax or e-mail the application form to 086 537 2457 or chronic@nbcfrlihealth.co.za along with the relevant documents such as your prescription, test results, etc.

Once registered on the NBCRFLI HIV Programme:

- A case manager will contact you. It is very important that the case manager understands your chronic disease history, how healthy you are and if your chronic medication is working well - remember, all the information you give is strictly confidential;
- We'll need your GP to send a copy of your last prescription and blood results to chronic@nbcfrlihealth.co.za;
- Collect your medicine at any Dis-Chem Retail Pharmacy or use Dis-Chem Courier Pharmacy services by emailing: direct@dischem.co.za or calling 011 589 2788 or 080 010 0036. You can also send an SMS to 4437 and they will contact you and confirm where you want your medicine delivered to;
- Renew your prescription every 6 months with an Affinity Health network GP. To find your closest GP, please contact Customer Care on 0861 00 11 31 (weekdays 8:00 to 16:30).